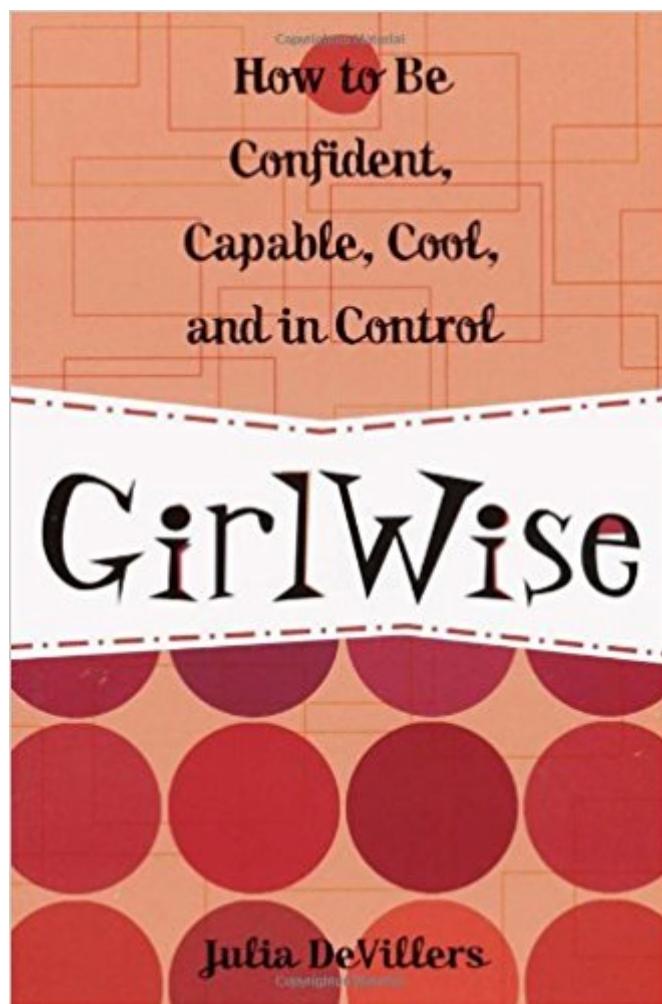


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# GirlWise: How To Be Confident, Capable, Cool, And In Control



## Synopsis

The Ultimate Teen Girl BibleWhat do you do when . . . you're at the lunch table and you knock your soda over into someone's lap? Or, you need a job? You hate your clothes? You're broke? Inside, more than 100 experts tell you how to deal with these problems and so much more. GirlWise is one-stop shopping for all the stuff you want to, you need to, you MUST know!GirlWise includes contributions by: Â Hillary Carlip, author of Girl Power Â Atoosa Rubenstein, editor-in-chief of CosmoGIRL! Â Nancy Gruver, publisher of New Moon Â Laura McEwen, Publisher of YM Â Marci Shimoff, coauthor of Chicken Soup for the Woman's Soul Â Meg Cabot, author of The Princess Diaries Â Brandon Holley, editor-in-chief of ELLEgirl Â Isabel GonzÃ¡lez, senior associate editor of Teen PeopleYou'll find great tips from experts in fashion, business, etiquette, sports, and more to help you become the Ultimate Teen GirlÃ¢â€”confident, capable, comfortable, cool, conscious, and taking control of your life. No more helpless females here!

## Book Information

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## Customer Reviews

Grade 8 Up-Teenage girls have all kinds of concerns from seemingly trivial ones such as how to say "hi" to more momentous occasions like the first job interview. Along with these concerns, this book covers a wide range of topics with an overall intent of guiding girls toward becoming well-balanced young women. Successful people of all ages are tapped for advice. Hip and chatty in style, GirlWise encourages a self-confident, independent attitude that includes being considerate of others. As part of fostering healthy self-esteem, it tells how to create one's own style without becoming a fashion zombie, how to appreciate and take sensible care of one's body, and how to deal with rejection.

While body image is discussed, it is more in the vein of self-acceptance, diet, and exercise--this book does not venture into the realm of sexual issues. Readers can also find out how to unclog a toilet, change a diaper, do laundry, and start a band. The last two chapters, "Be Caring" and "Be Conscious," point the way toward attitudes and actions that result in a truly mature person. This is a silly, serious, and totally fun book for those who want to take charge of their lives and evolve into first-class, well-rounded adults. Sheila Shoup, Fairfax County Public Library, VACopyright 2002 Reed Business Information, Inc.

The Ultimate Teen Girl BibleWhat do you do when . . . you're at the lunch table and you knock your soda over into someone's lap? Or, you need a job? You hate your clothes? You're broke? Inside, more than 100 experts tell you how to deal with these problems and so much more. "GirlWise is one-stop shopping for all the stuff you want to, you need to, you MUST know!" GirlWise includes contributions by: -Hillary Carlip, author of "Girl Power -Atoosa Rubenstein, editor-in-chief of "CosmoGIRL! -Nancy Gruver, publisher of "New Moon -Laura McEwen, Publisher of "YM -Marcia Shimoff, coauthor of "Chicken Soup for the Woman's Soul -Meg Cabot, author of "The Princess Diaries -Brandon Holley, editor-in-chief of "ELLEgirl -Isabel Gonzalez, senior associate editor of "Teen PeopleYou'll find great tips from experts in fashion, business, etiquette, sports, and "more to help you become the Ultimate Teen Girl--confident, capable, comfortable, cool, conscious, and taking control of your life. No more helpless females here!

I recently purchased this as a birthday gift for my younger pre-teen sister. She's alllll about being a teen with ~attitude~, and I think this book is the perfect way to usher a young girl into her teenage years without being inappropriate or shameful to ones body image. I really enjoy the fact that while the book does mention body size and clothing choice, the bottom line remains, "Who cares what you look like, as long as you're comfortable, wear whatever makes you feel good!" It's hard to find material for young girls that doesn't body shame or try to mature said girls too quickly. Anyway, this book is filled with handy little tips about loving yourself and doing your best.

Informative.

I read this book when I was 25 (I'm now 34). I wished I had read it when I was 15! I used to be so shy, uncomfortable around everyone who wasn't my family, and could never figure out how some kids in school used to live life and have fun with such ease. Reading it inspired some amazing life

changes for me and I am so glad to the author for writing it. I hope she gets to do another edition that would include GirlWise references about social media, etc. I just bought it for two of my nieces (one is graduating high school, the other a freshman). I love this book!

Stereotypic, mainstream topics for TEENAGERS who may be already having sex, such as in high school (about sophomore level), is the book's audience. I purchased this book for my 8th grader, thinking it would have MORE topics about self confidence, social situations, and physical changes from young girl to young woman. Do NOT recommend for girls under age of 16. Recommend for sexually-advanced girls who really need to read about what the heck they are getting into.

I gave this book to my daughter for her 13th birthday and she loves it. She has been skipping around and reading only those chapters that interest her in her early adolescence. It contains advice and recommendations for grooming, friendships, middle school challenges, puberty issues, and keeping up with school work, as well as more long-term advice like doing your own laundry and job-seeking. The authors guide girls from children to young women with ease. Written in a chatty and contemporary manner, it is neither preachy nor overly grow-up. GirlWise is a book that encourages compassion, maturity, responsibility, self-confidence and independence, without promoting self-indulgence, arrogance, or premature sexuality.

It's pretty good. It was nice to get some advice from others on stuff I never thought of doing. I liked it

Will save the book for high school years. Talked about how to get a job, and how to act at a party? I get it, but we are not there yet at 13.

I get a small gift for each of my children on mother's day to basically thank them for without them I would not be a mother. She is soon to be 13 and this was a perfect book for her. She reads bits of it each night and talks with me about it too. Great book!

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